



E-Connections with Healing Touch Canada, Inc.

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DID YOU KNOW?

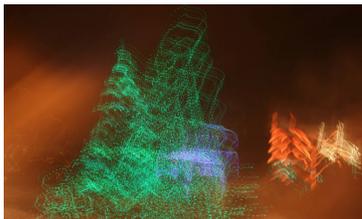
The next Healing Touch Association of Canada (HTAC) Conference is in Whitehorse, YT April 29 - May 1/11. visit <http://www.heartofthenorth.ca/> for details.

Students between Level 4 & 5: HTI has recently developed a Mentor Progress Report Form that is available on their website under Education, [Student Resources](#).

Visit the HT Canada website: Recommended Reading List & link for online purchases (a portion of the proceeds from these purchases goes to HT Canada for Canadian HT development.)

A list of the upcoming Canadian HTI classes

Blog with information on various topics



Visit HT International's website: International class postings
Information on HTI

HT International's 15th Annual
Energy Healing Conference &
Instructor Meeting
Creating Wholeness on Earth
October 20-23, 2011
Hawaii

Hello Everyone,

With the new year just around the corner we have been reviewing the past twelve months and are setting a new focus for 2011. For many this is an exceptionally busy time of year and self-care is even more important.

The way we relate to the events of our lives determines their meaning to us. Have you noticed that after some time has passed and you look back on events that different perspectives are possible? Often we already have the tools of change available to us yet we are unable to recognize them until something shifts within. Imagine 2011 as a year of discovering new ways to respond to life using the tools you have.

Have you ever questioned deeply what it is that you are seeking or think is needed in order for your healing and that of others to take place? This may show up as what you feel compelled to give to others or what you believe you are lacking. I'd like to offer a simple question with the suggestion that you have an intention to notice and reflect on it for the next few weeks. Journal or at least pay attention to whatever presents when you use it as a regular focus. The question is,

What is Healing?

It would be great to be able to share some of your experiences so please let me know what happens for you! (Include whether or not it is okay to use your name or, if you prefer, it can be anonymous.)



St. Albans Peace Labyrinth
Richmond, BC
© K. Stewart

Anodea Judith in *Wheels of Life* says, "Healing is a restoration of balance to an organism or situation. The word heal means to 'make whole,' and it is believed that all disease, whether caused by germ, injury or stress, is the result of 'imbalance' that then fragments the organism and destroys its natural resonant affinity."

"Many people forget the lesson of balance in their healing efforts. You might call them meddlers. To properly heal someone it is necessary that they come into balance with their own energy, which may not comply with the healer's concept of 'correct.' A true healer must tune into her subject, remaining grounded in her own energy, and allowing the subject to create his own sense of balance. The healer is merely a catalyst in the subjects' own healing experience."

Thank you to Sandra Pickrell-Baker, CRR, CJSJP, CHTP/I, MA, Abd - Bedford, NS. for her response to the question.

"Healing requires active engagement on a conscious journey to a place where all is seen as providential. Stepping on this road begins with a change of focus, from the internal self to the eternal self, a place where all is learning. In the words of Alice Bailey (Esoteric Healing, 1953) A healer must have the ability to stretch the human mind, to record, discover and formulate truth. I feel true healing takes place when I am able to be as compassionate with myself as I am with others I meet on my road of discovery."

What is healing to you?

May 2011 be filled with inspiration, awareness, and compassion for self and others,

Angela Mattos, CHTP
On behalf of HT Canada, Inc.

If you have questions about HT please send them to HTCanada@healingtouchcanada.net and we will get them answered by the appropriate persons. We welcome your feedback. Please send your HT news or stories for E-Connections.