



E-Connections with Healing Touch Canada, Inc.

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DID YOU KNOW?

It's not too late to register for the Healing Touch Association of Canada (HTAC) Conference in Whitehorse, YT. April 29-May 1/11

<http://www.heartofthenorth.ca/>

HT International now has **Level 1, 2 & 3 Student Workbooks** available. HT Canada currently has Level 1 & 2 available for \$20.65 each - shipping and taxes included.

HTI is excited to present their next HTI Level 1 Instructor Training, in Lakewood, CO, July 22 5:00 pm - July 25, 2011 12:00pm.

*Let the beauty of what you love
be what you do.*

Rumi



© Angela Mattos

*Everyone has been made for
some particular work, and the
desire for that work has been
put in every heart.*

Rumi

Dear fellow energy workers,

Whether you are new to energy work or a seasoned veteran, it seems that we are all being called into service on a grander scale. Given the ongoing reminders of both the vulnerability and miracle of life what do we focus on?

When we experience life as spiritual beings expressing through physical bodies it allows for a larger perspective. Patterns and metaphors begin to surface and we don't take everything so personally.

People often speak about their purpose in life and what they are "supposed" to be doing. What if it were as simple as being present to our experiences as life breathes through us and events unfold?

For instance, can we use the tumultuous events in our lives as catalysts to propel us to move beyond what we already know and believe so we can respond to life instead of reacting to it?

Is our energy field balanced and strong? If not, let's start small and begin to reformat our thoughts, energetic patterns and habits.

Focus on what you appreciate and notice what happens. For example, pick a colour you love and work with it a couple of times each day. Breathe it in and notice how it feels in your body when you connect with that colour. From there get creative and see where it takes you. (This may seem insignificant but it could be the beginning of a wave of change from the microcosm to the macrocosm.)

Visit the HT Canada website:
Recommended Reading List & link for online purchases (a portion of the proceeds from these purchases goes to HT Canada for Canadian HT development.)

A list of the upcoming Canadian HTI classes

Blog with information on various topics



photo © Karen Stewart

Visit HT International's website:
International class postings
Information on HTI

HT International's 15th Annual
Energy Healing Conference &
Instructor Meeting
Creating Wholeness on Earth
October 20-23, 2011
Hawaii

In *Hands of Light*, Barbara Ann Brennan speaks of how the crown (7th chakra) is related to one's connection to spirituality and the integration of their whole being - physical, emotional, mental and spiritual. *"If this center is open, the person probably often experiences his spirituality in a very personal form, unique to that individual. This spirituality is not one defined by dogma or easily related with words. It is rather a state of being, a state of transcendence of the mundane reality into the infinite. It goes beyond the physical world and creates in the individual a sense of wholeness, peace and faith, giving him a sense of purpose to his existence."*

Angela Mattos, CHTP
On behalf of HT Canada, Inc.

[Click here for printer friendly version of E-connections #14 April 2011.](#)

If you have questions about HT please send them to HTCanada@healingtouchcanada.net and we will get them answered by the appropriate persons. We welcome your feedback. Please send your HT news or stories for E-Connections.

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