



E-Connections with Healing Touch Canada, Inc.

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DID YOU KNOW?

The College of Physicians & Surgeons of Ontario has created the *Non-Allopathic (Non-Conventional) Therapies in Medical Practice* draft policy. It has been approved for external consultation until Sept 1st and is available online – [click here to access.](#)



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Updates from Halifax:

- HT treatments were a big hit at Capital Health's 1st Health Week last year and Donelda Amey is asking for HT volunteers to give complementary treatments to staff at this year's event the last week of September.
- HT volunteers continue to offer treatments in the Sunshine Room at Capital Health and at the Cancer Lodge for patients and their loved ones.
- The next practice session is scheduled for Aug 15th at Donelda's home.

Dear fellow energy workers,

Over the years many of you living in areas without active HT communities have shared your feelings of isolation. It is our hope that the monthly E-Connections helps to connect the HT community across Canada as we continue to deepen our ability to facilitate healing.

Often I hear from peers, clients, or friends that they feel they don't "fit in" in various situations. Whether it's within one's own family, at work or with friends, having values or ways of looking at the world that are not shared by others can create a sense of separation that influences many of our experiences. On the surface we appear to be "different" and may feel alone.

Experiencing circumstances through the heart calls me to visit the dynamics of relationship and the patterns at play. The heart is a yin chakra, about "letting" rather than "doing", where a balance of giving and receiving is required. At the heart chakra I am given the opportunity to integrate and balance the realms of the body and mind. When this happens I experience a sense of wholeness and the realization that I am spirit and matter.

"Once we perceive objects and their activities as relationships, we begin to perceive the perfection, balance and eternal nature of these relationships." (Anodea Judith, *Wheels of Life* pg. 221) Everything is so intricately connected so the key is to find our point of balance within our surroundings and ourselves.

As we develop as facilitators of healing for both others and ourselves, we experience a sense of

Healing Touch Association of Canada (HTAC)

[click here for HTAC information or to join the HTAC.](#)

\$25 Newsletter subscriptions available – Three twelve page newsletters to keep you updated on what is happening in Canada.

Visit the HT Canada website:

Level 1 & 2 classes have recently been added to the website.

Reminders:

[Early registration deadline for Level 5 class in Prince George, BC is Sept. 1, 2011.](#)

[1st Early registration deadline for HTI conf in Hawaii is July 30th.](#)

Man is most nearly himself when he achieves the seriousness of a child at play.
Heraclitus



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Visit HT International's website:
International class postings
Information on HTI

[HT International's 15th Annual Energy Healing Conference & Instructor Meeting](#)
[Creating Wholeness on Earth](#)
[October 20-23, 2011](#)
[Hawaii](#)

unity that is felt through the heart and permeates to the core of our being. (Many of you would have felt this by the end of your Level 1 class.)

Going beyond our defences and strategies we transcend the ego and recognize the natural state of love and abundance of the heart. In this place we are connected to all.

"We have all experienced centering. It occurs when the mind, body and spirit become fully integrated in dynamic balance and connectedness with the world around us. There is a heightened awareness and sensitivity, a feeling that everything is perfect the way it is. The truth of who we are as human beings is revealed." (Thomas F Crum, *The Magic of Conflict* pg 53-54)

"When our heart chakras are open and balanced, our very presence radiates love and joy. This love is the pure essence of true healing." (Anodea Judith, *Wheels of Life* pg. 236.)

I am grateful to all of you who's hearts have been touched by HT and answered the call of awakening. May we continue to listen and move from the heart as we "do the work."

Angela Mattos, CHTP
On behalf of HT Canada, Inc.

If you have questions about HT please send them to HTCanada@healingtouchcanada.net & we will get them answered by the appropriate persons. We welcome your feedback & HT news or stories for E-Connections.

[Click here for printer friendly version of E-connections #18 Aug 2011.](#)

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