



E-Connections with Healing Touch Canada, Inc.

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DID YOU KNOW?

August 26, 2010 is the early registration discount cut-off for the Level 5 in Toronto, ON (Oct 21-24/10) and Level 4 in Nanaimo, BC (Nov 18-21/10). [Click here for registration information.](#)

If you would like to coordinate a class in your community [click here for list](#) of Certified Instructors.

Canadian connections at the HTI conference - St. Louis September 9-12, 2010

There will be an opportunity to meet and reconnect with other Canadians at Conference. Please email Karen Stewart if you are attending conference. kasinbc@yahoo.ca



The teacher who is indeed wise does not bid you to enter the house of his wisdom but rather leads you to the threshold of your mind.

Kahlil Gibran

[Visit the HT Canada website:](#)
Recommended Reading List & link for online purchases (a portion of the proceeds from these purchases goes to HT Canada for Canadian HT development.)

Hello Everyone,

As we give some time to cosmic consciousness this month I ask you to consider the following by Anodea Judith:

“Through our experiences, each one of us builds a personal matrix of information within our minds. From the first glimpse of our mother’s face to our doctoral dissertations and beyond, we spend our lives trying to piece together some sense of order from what we see around us. Each bit of information we receive gets incorporated into that matrix, making it ever more complex. As it grows more complex it tends to periodically ‘reorganize’ itself, finding higher levels of order which simplify its system. The bottom falls out, restructuring occurs, and with it a more efficient use of the energy. This is the familiar ‘aha’ reflex-the little enlightenments that come when some piece falls into place, allowing a new ‘wholeness’ to be perceived.” (Wheels of Life, pages 372-3)

What are we connecting with and restructuring each time we “do the work”?

Thank you to Kathy Clay, a Level 1 & 2 Instructor living in Hazelton, BC for sharing some of her thoughts and experiences with us this month.

About that Seventh Chakra – Kathy Clay, BA, CHTP/I Rosalyn Bruyere states in *Wheels of Light* (pg 67) that “it would not matter what chakra centre a healer focused on; the problem would be solved if the healer treated any one chakra long enough because all the others would bounce into alignment”. What I take this to mean is that there is so much more information, out there, that we cannot possibly fathom all the potential ways that we will effect healing. So, we just have to do the work and know that we are limited by our own imagination or lack of. Now it would seem to me that this awareness might be part of the Aha, the knowingness that we strive for? Maybe this is what it means to let go and let God, or the guides? Maybe this is part of the meaning of the seventh chakra?

The crown, the third of the upper centers, the diamond Sutra, the thousand-petal lotus, the Sahasrara, all are

A list of the upcoming Canadian HTI classes

Blog with information on various topics

Visit HT International's website:
International class postings
Information on HTI

HT International's 14th Annual
Energy Healing Conference &
Instructor Meeting
*Healing, Transforming and
Expanding Through the
Gateway of Light*
September 9-12, 2010
Marriott St. Louis Union Station

*"Imagination is more important
than knowledge. For while
knowledge defines all we
currently know and understand,
imagination points to all we
might yet discover and create."*
Albert Einstein



*The Universal Force is a
universal Consciousness. This
is what the seeker discovers.
When he has contacted this
current of consciousness in
himself, he can switch on to any
plane whatsoever of the
universal reality, to any point,
and perceive, understand the
consciousness there, or even
act upon it, because
everywhere it is the same
current of consciousness with
different vibratory modalities.*
Satprem, on Sri Aurobindo.

referencing the seventh chakra located at the top of the head. The pineal gland is often associated with this centre (others say the pituitary). When the pineal is functioning, one is better able to receive the answers and when it clears we are better able to see ourselves and achieve our goals. The activated pineal gland is thought to be a direct connection to the One, our star gate to raising our unconsciousness. This centre gives us our sense of knowing, our guidance or wisdom, creates harmony, and instills oneness. In Dorothea Hover-Kramer's book *Healing Touch, A Guidebook for Practitioners, 2nd edition* (pg 83) it is stated that "The words that capture the essence of the crown chakra are "I am whole," "I am one with the universe," and "We are all interconnected."

The best kinds of therapies for activation of the crown centre have been meditation practices, guided imagery and energy work. When I am doing the work I have learned that I have to just trust my guidance and know that the answers will be forthcoming. I have often gone into a meditative mode to try to hurry the process along but have generally found that waiting, taking the time to listen to the inner voices, my guides, and asking the right, open ended questions, works best for me. Often, I will just focus on the pineal gland to activate it.

During a recent illness I had many questions to ask, guilt to work past, and pain to overcome and always there were answers. Some were a little slower coming than others. I was slowed down during my illness, and I learned to listen even more carefully for the answers. Subsequent to my illness, I find I am different, both physically and spiritually. Part of what I have learned is that I am still whole, I am so infinitely connected with the universe and that my main focus is to always remain open and available for what is coming down the tube. I know that there is an interconnectedness with all that happens and I work towards this awareness with the understanding that, as someone said somewhere "the more I know the more I know nothing."

If you have questions about HT please send them to HTCanada@healingtouchcanada.net and we will get them answered by the appropriate persons. We welcome your feedback. Please send your HT news or stories for E-Connections.

Angela Mattos, CHTP
on behalf of HT Canada, Inc.