



E-Connections with Healing Touch Canada, Inc.

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DID YOU KNOW?

Healing Touch was offered at Capital Health's 1st Health Week, Sept 20-24, 2010 by Donelda Amey, Donna Martin, Marilyn Morrison, Carol MacLennan, Althea Woods, Christine MacDonald, & Shirley Trottier of the Halifax Dartmouth, NS HT community.

HT was also part of their mini health-fair Sept 24/10. Donelda reports that it was a great success.

Thirty-three treatments were given and she is still getting requests. It's great to know that HT volunteers were part of this event within mainstream medicine.

Jeanne Balcom, RN, CHTP/I contributed information on HT that was part of the presentations at the Peri-Operative Nurses Association of NB & PEI Annual Meeting in Fredericton, NB Sept 25, 2010.

Correction to HT Canada E-Connections #7 August 2010.

Kathy Clay, BA, PID, MEd, CHTP/I is a Level 1 HT Instructor.

If you have built castles in the air, your work need not be lost; that is where they should be. Now put foundations under them. Henry David Thoreau

HT Canada has a listing of Certified HT Practitioners on the website . If you are a CHTP and you would like to be included on the list [click here](#) for more details.

Hello Everyone,

This month Karen Stewart, HTI-PA shares with us some of her experiences at the recent HTI Conference. It was a time of re-union for many in the HT "tribe." Participants were inspired by the gathering of common passions and the energetic dynamic that was created. What a wonderful foundation for all of us to connect with, build on and share through "the work."

Reflections on the Sept 2010 HTI Conference, St. Louis, Missouri – Karen Stewart, HTI-PA

What an amazing experience the HTI Conference was this month. Five days immersed in a warm, welcoming community of heart-focused practitioners. Lots of fun, fresh insights, connecting with old friends and meeting new ones. The hotel itself was built around the historic Union Station and the ballroom and breakout areas were a 'walk away' from our accommodation. It was a beautiful setting and provided everyone with the opportunity to exercise our physical bodies as well as our minds. The opening ceremony whipped up a lot of energy (some of us practiced our chelation technique) with a percussion band leading everyone into the main ballroom. As part of the opening ritual, a lit candle was passed from Past Presidents of HTI to our new President, Mary O'Neil. It brought back memories of when Janet Mentgen did a similar passing of the light of a special candle at a previous conference.

After conferences, there is so much information to process, it seems almost overwhelming. In reflection, one of the teachings I took away from that amazing weekend was from Thursday night's keynote address when Anodea Judith challenged us to **'stand for love in everything we do'**. She continued by saying **"every time we heal, we are restoring the field of the heart and the fabric of the web heals a little more"**.

The second piece of wisdom, Brian Luke Seward in his address "Good Vibrations: Keys To Reaching Your Highest Human Potential" reminded us how important humour is in the healing process. In his book "Stand like Mountain Flow Like Water", he says "Laughter not only

If you would like to coordinate a class in your community [click here for list](#) of Certified Instructors.

Grounding is a process of dynamic contact with the Earth, with its edges, boundaries and limitations. Through a combination of relaxation and energizing we allow our subtle energy to condense and solidify. We become solidly real - present in the here and now, and dynamically alive with the vitality that comes from the substance of the lower charkas.
Anodea Judith - Wheels of Life pg.68



Visit the HT Canada website:
Recommended Reading List & link for online purchases (a portion of the proceeds from these purchases goes to HT Canada for Canadian HT development.)

A list of the upcoming Canadian HTI classes

Blog with information on various topics

Visit HT International's website:
International class postings
Information on HTI

HT International's 15th Annual
Energy Healing Conference &
Instructor Meeting
Creating Wholeness on Earth
October 20-23, 2011
Hawaii

contributes to our mental, emotional and spiritual health, it plays an important role in our physiological health as well." Brian encouraged us all to create our own "Tickler Notebooks". A book filled with everything (jokes, artwork, writings) that make us laugh out loud and feel uplifted. If we start working on the book now, it will be ready when we need to bring a smile to our faces and warmth to our hearts. Not only is this a worthwhile practice for ourselves but could also be part of the 'homework' for the people we treat.

This year, 365 participants had a chance to enjoy being at this annual event. At the HTI AGM, Lisa Anselme shared the good news that HTI is on solid financial ground. Since "service is their driving force and passion is their fuel", the Board and some of the staff of HTI are in the process of looking at various support packages for the members which they hope to announce soon. Lisa asked us to remember that this process is slower than they would like since much of the work of Healing Touch International is done by volunteers.

The next HTI Conference will be held on the Big Island in Hawaii October 20 – 23, 2011. The theme is "Creating Wholeness on Earth". I encourage you to consider combining this conference with a vacation.

I've come home from this year's conference feeling inspired to continue treating and co-ordinating classes in my neighbourhood. The work we do is special and deserves our continued efforts to grow as practitioners. Let the experience of being part of a large international community nourish us all.

If you have questions about HT please send them to HTCanada@healingtouchcanada.net and we will get them answered by the appropriate persons. We welcome your feedback. Please send your HT news or stories for E-Connections.

Angela Mattos, CHTP
on behalf of HT Canada, Inc.