

# HOMWORK PREPARATION FOR HEALING TOUCH INTERNATIONAL HT CERTIFICATE PROGRAM LEVEL 5

Name: \_\_\_\_\_

## **Please bring the following items to your Level 5 class**

### **1. Professional Profile Notebook:**

This is a portfolio of your own personal design, placed in a presentable notebook for presentation and display. It is to reflect yourself as a Healing Touch Practitioner.

Items to include: professional pictures, resume, Level 1-4 HT certificates and any others, licenses, awards, articles by you and about you, business card, stationary, flyers & brochures.

### RESOURCE

Continuing competence program document page 12. <<[www.CRNM.mb.ca](http://www.CRNM.mb.ca)>>

### **2. Documentation of 100 Client Sessions:**

Original documentation forms of 100 sessions given by you from your Level 4 class on. These may be initial intakes that include some energetic work or follow-up treatments. Documentation will be reviewed and returned to you during the class.

HINT: Should be reflective of your practice, various sessions and clients.

### **3. Healing Sessions Received:**

Reports of 10 different healing sessions you have received from professionals in the healing arts. These are to be after completing Level 4.

RECORD

1. Type of session
2. Healer's first and last name
3. Healer's Credentials
4. Healer's full address
5. Reflective statement of your experience and the overall value to you.

PURPOSE: To make yourself known in the community by becoming familiar with other practitioners that can serve as a referral base for you.

#### **4. Resume:**

A copy of your current professional resume including all of your Healing Touch classes and activities (include Level 5). This will be collected and filed in the Healing Touch Canada office.

#### **5. Mentorship:**

Give a progress report on your mentorship with a CHTP, identifying your mentor, starting dates of mentorship, agreed upon goals, number and method of contact.

#### **6. Reading Program:**

A listing of the books you have read in relation to Healing Touch work with a brief reflective statement on each book.

INCLUDE: Title; author; publisher; date of publication.

INCLUDE ONE BOOK FROM EACH CATEGORY:

- |                           |                                       |
|---------------------------|---------------------------------------|
| 1. Healing Touch          | 5. Spiritual development              |
| 2. Energy medicine/holism | 6. Personal /Professional development |
| 3. Ethics                 | 7. Journaling                         |
| 4. Quantum Physics        |                                       |

#### **7. Community Project:**

A reflective report on any HT community project you have been involved with during the Level 4/5 period. This may include classes you taught, speeches given, study projects or groups, health fairs where you demonstrated the work, your participation with networks and/or support groups.

**8. Networking and Support Group Activity:** A report on your involvement with Healing Touch study groups and local networks.

#### **9. Case Study:**

A **rough draft** of your selected case study to be presented to your small group and possibly to the whole group. This will be a working exercise for feedback from the group and is not intended to be your final work.

Refer to Case Study sheets (pages 29-30 & 31-32) for requirements

PURPOSE: To be reflective of your current HT practice, demonstrating your ability to manage a case with care and competency.