



Healing Touch International

Healing Touch Certificate Program Curriculum

Level 1 (I) Description

Level 1 begins with 18 continuing education contact hours of instruction, allowing persons with varying backgrounds to enter, acknowledge their previous learning and to further develop concepts and skills in energy-based therapy. A strong commitment to personal growth is required.

Level 2 (IIA) Description

Level 2 is for students who have completed Level 1 and wish to increase breadth and depth in the study of Healing Touch. (17.5 continuing education contact hours.) The second level of study in Healing Touch includes an intake interview, back techniques and a one-hour healing sequence. Emphasis in the experiential learning is on developing healing sequences for specific client needs.

Level 1 (I) Objectives

The participant will:

1. Describe the human energy system relationship to physical, emotional, mental and spiritual health.
2. Discuss energy principles basic to Healing Touch.
3. Assess the energy field and energy centers.
4. Identify a basic Healing Touch sequence.
5. Demonstrate specific intervention techniques used in Healing Touch.
6. Discuss applications of Healing Touch in personal and professional practice.
7. Discuss expected ethical conduct and standards of practice within Healing Touch.

Level 2 (IIA) Objectives

The participant will:

1. Share the experience of practicing Level 1 (I) techniques.
2. Develop interviewing and additional assessment skills.
3. Demonstrate a one-hour healing sequence for specific client problems.
4. Document clinical work.
5. Practice back and neck techniques.
6. Describe specific techniques in addressing client health challenges.

Level 1 (I) Course Content

Energy system concepts related to health.
Basics of the energy system - energy field and energy centers.
Location and function of the charkas.
Assessment of the energy field and energy centers.
Meditation for centering and maintaining energetic flow.
Principles and practice of Healing Touch.
Selected intervention techniques: Basic Healing Touch Sequence, Magnetic Passes, Magnetic Clearing, Chakra Connection (1 on 1, 2 on 1, self), Headache Techniques (tension, migraine, sinus), Ultra Sound, Laser, Chakra Spread, Scudder (Optional), Mind Clearing (Optional).
Principles of self-healing.
Personal development as a healer.
Legal and professional aspects of touch therapies.

Level 2 (IIA) Course Content

Review techniques from HT Level 1 (I)
Sharing experiences of practicing Level 1 (I) techniques.
Discuss applying techniques in clinical settings.
Assessment process: interviewing skills, recording observations, documentation.
Healing techniques: One-hour Healing Sequence, Spiral Meditation, Mind Clearing, Wound Closing, Pain Ridge, Pain Drain, Sealing Leaks, Back Techniques.

Level 3 (IIB) Description

Level 3 is for students who desire more in-depth skills in Healing Touch, and have successfully completed Level 1 (I) and Level 2 (IIA). This course includes: development of Higher Sense Perception (HSP), sequencing of healing techniques, working with guidance, self-healing and self-development. (17.6 continuing education contact hours).

Level 3 (IIB) Objectives

The participant will:

1. Discuss advanced development of the healer.
2. Experience healing from three roles: practitioner, client, and observer/coach.
3. Practice hara alignment, expansion of the core star.
4. Demonstrate a full healing sequence using chelation, spinal cleansing, healing 5th, 6th, and 7th levels of the subtle body.
5. Practice healing techniques of Etheric Template Clearing and Lymphatic Drain.

Level 3 (IIB) Content

Advanced development of the healer .
Need for self care in becoming a healer.
Healing philosophies of Barbara Brennan and other healers.
Practice hara alignment meditation and sharing experience.
Full healing sequence including: chelation of the first four levels of the field, spinal cleansing, healing 5th, 6th, and 7th levels of the subtle body. Techniques, Etheric Template Clearing and Lymphatic Drain.
Roles of practitioner, client, observer/coach
Advanced healing of the human energy system.
Development of Higher Sense Perception.
Connecting with guidance.

Levels 4 (IIIA) & 5 (IIIB) Overview

Levels 4 & 5 are for students who have successfully completed Levels 1 (I), 2 (IIA), 3 (IIB) and desire to become a Healing Touch Practitioner. These two courses provide the student an opportunity to learn how to develop and conduct a practice in Healing Touch. Each course provides continuing education contact hours of instruction / participation (Level 4 - 25.3 & Level 5 - 24 for a total of 29.3). They are designed to provide guidance for the student in the development of practice and skill through the mentor / apprenticeship approach. Students will participate in community projects and work activities. Each section is offered in a retreat setting to allow for greater focus on the intense learning and practice that occurs.

Level 4 (IIIA) Description

This course prepares the student to become a Healing Touch Practitioner and establish a practice setting. Practice concerns are explored including establishing a private practice, incorporating Healing Touch into a current practice setting either working alone or with others. The following topics are addressed: business concepts, client/practitioner relationships, networking with other practitioners, identifying energy patterns in clients and scope of practice. Professional development as a healer is explored including addressing professional ethics, standards of practice and role as a healer.

Level 4 (IIIA) Objectives

The participant will:

1. Describe the development of a Healing Touch Practitioner.
2. Demonstrate a 5-step sequence to include intake, three healing sessions and discharge planning.
3. Identify issues related to development of a Healing Touch practice.
4. Discuss the case study process based on the sequence demonstrated during the workshop.
5. Discuss the principles of apprenticeship/mentorship and professional practice.
6. Discuss the purpose of a professional profile notebook.

Level 4 (IIIA) Content

Developing a professional healing practice.
Sequencing of five private client sessions, intake, three treatment sessions with mutual goals, evaluation and discharge planning with full documentation.
Learning the case study process.
Defining a Scope of Practice.
Healer practice guidelines.
Selecting a mentor.
Forming a mentorship contract with goals.
Role of mentorship/apprenticeship.
Journaling as a tool for self-enhancement.
Developing a reading program.
Full Body Connection.
Etheric Vitality Meditation.
Initiation of a practicum (Documentation of 100 client sessions).

Level 5 (IIIB) Description

Level 5 focuses on the completion of projects begun in Healing Touch Level 4 (IIIA). The following will be addressed: the mentorship experience, community and networking activities, establishment of practice, development of expertise in a Healing Touch practice, self development as a healer.

Level 5 (IIIB) Objectives

The participant will:

1. Describe the professional development of a healing practice.
2. Present a professional profile notebook and resume.
3. Discuss practice issues in your role as a Healing Touch practitioner.
4. Present a comprehensive Healing Touch case study for peer review and critique.
5. Present documentation of client sessions.
6. Review the apprenticeship/mentorship process.
7. Report receiving other healing modalities through 10 documented experiences from other practitioners.
8. Discuss Healing Touch research and implications for practice.
9. Describe Certification as a Healing Touch Practitioner.

Level 5 (IIIB) Course Content

Issues forum including establishing a HT practice and financial concerns.
Development as a healer.
Healing Touch case study presentation.
Professional profile notebook presentation.
Documentation of 100 client sessions.
Documentation of 10 healing sessions received from other complementary healing practitioners.
Report of apprenticeship/mentorship process.
Presentation of resume.
Discussion of required reading.
Community & networking activities and study groups.
Group healing exchanges.
Healing Touch research.
Standards of Practice.
Code of Ethics.
Process and procedures in Certification as a Healing Touch Practitioner.

Revised & Approved, October 2002
Healing Touch International, Inc.

Certification as a Healing Touch Practitioner

Healing Touch International administers certification through a separate review by the Certification Board of Reviewers using standardized criteria. Certification acknowledges learning experiences and demonstration of competence as a Healing Touch Practitioner. The Certification Board does not license the practice of an individual nor assumes any legal responsibility for her/his practice.