

## INSTRUCTORS

**Alexandra Jonsson, BScN, CHTP/I** is in private practice offering counselling, stress management and Healing Touch therapies. Alexandra has been teaching energy concepts, stress management and meditation since 1978. Her hospital background includes psychiatric and emergency room nursing. Alexandra speaks and teaches nationally and internationally. Alexandra is the President of Healing Touch Canada and acted as a primary force in bringing the Healing Touch programme to Canada.

**Jane Barry, MA, (C)OACCPP, CHTP** is a clinical counsellor in Peterborough, ON offering individual, couple, & group counselling, & critical incident stress debriefing. She holds an advanced diploma in medical laboratory science & worked for over 25 years in hospital laboratories in Ontario & BC. Jane is currently training as a Healing Touch Instructor. She is also working toward certification as a shamanic practitioner at the Irish Center for Shamanic Studies in Ireland. Jane participates in Peterborough's Healing Touch community and incorporates the principles of Healing Touch in daily living.

Alexandra is an instructor of the HTI Healing Touch Certificate Program and has the right to use the intellectual property of the HTI Healing Touch Certificate Program Course of Study.

**Healing Touch International, Inc.** is a non-profit professional membership and educational organization for Healing Touch. It was established in March 1996, to receive the AHNA Healing Touch Certificate Program and the process for Healing Touch Certification of Practitioners (CHTP) and Instructors (CHTI) from the American Holistic Nurses Association. HTI is responsible for the International Standards of Practice and Code of Ethics for Healing Touch Practitioners. The focus is on research, special interest groups, networking and support of membership.



**HEALING TOUCH CANADA INC.**  
**Certified Educational Institution**  
RR#2, Warsaw, Ontario K0L 3A0  
705-652-0506 (Fax)705-652-7911

email:

HTCanada@healingtouchcanada.net

### **NURSING EDUCATION INITIATIVE**

RNs and RPNs registered with the CNO may be eligible to receive tuition reimbursement for this program from RNAO/RPNAO.

Funded by the Ontario Ministry of Health

HT Levels 1-5 qualify for Continuing Education Units (CEUs) under:

The Quality Assurance Programme (Category B) of the College of Massage Therapists of Ontario (CMTO)

&

Category 1, 5 CEU credits each with the Reflexology Association of Canada (RAC). RAC CEU retroactive to January 1, 2008

### **UP-COMING WORKSHOPS**

Visit our website at:

**[www.healingtouchcanada.net](http://www.healingtouchcanada.net)**

for

class schedules

Recommended Reading List

Certified HT Practitioner listing

Practice Groups

Conferences/Retreats

Links to:

Healing Touch Association of Canada

Canadian Healing Touch Foundation

Healing Touch International

and more...

or call

705-652-0506



**Healing Touch Canada**  
*offers*

# **HEALING TOUCH**

*A nurturing Energy Therapy  
for Health Care Professionals  
& Persons Committed to Healing*

**Level 1**

**Peterborough, ON**

**April 14-15, 2012**

**Healing Touch International  
Healing Touch  
Certificate Program**

Endorsed by the  
**Canadian Holistic Nurses Association &  
American Holistic Nurses Association**



# REGISTRATION FORM

## HT Level 1 Apr 14-15/12

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Prov: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Credentials \_\_\_\_\_

Email: \_\_\_\_\_

Telephone: \_\_\_\_\_

Please check one of the following: (HST incl)  
(Prices are subject to change without notice) (HST #R136573789)

- Standard Tuition \$325
- Early reg. received by Mar 28/12 \$300
- CHNA/HTAC/HTI Member Tuition \$315
- Member early reg. rec. by Mar 28/12 \$290
- Full Time Student (with ID) \$230
- Repeaters \$230

\$15 HTI Level 1 Workbook is included in fees

\$\_\_\_\_\_ Amount Enclosed  
(minimum deposit \$50, non-refundable)

**Payable to:** Healing Touch Canada Inc.  
**Send to:** Angela Mattos  
RR#2,  
Warsaw, ON K0L 3A0

Can you bring a massage table?  Yes  No

I authorize my name, address, telephone number and email as shown above to be included on the class participant list and to be shared only with class participants, Healing Touch International and the Healing Touch Association of Canada for networking purposes.

\_\_\_\_\_  
Signed

\_\_\_\_\_  
Date

The instructor may deem it necessary to re-schedule this course if sufficient registrations are not received by Mar 28, 2012. Deposits will be refunded in this case.

### Healing Touch ...

#### A relaxing, nurturing energy therapy

- Uses gentle, heart-centred touch to assist in balancing physical, emotional, mental, & spiritual well-being.
- Enhances the body's natural ability to heal through the human bio-field, energy centres and energy field.
- Works in harmony with standard medical care and is complementary to other health care systems. Safe for all ages.

#### Is Healing Touch for You?

- ✓ Registered nurses
- ✓ Health care professionals
- ✓ Body-oriented therapists
- ✓ Psychotherapists
- ✓ Licensed health care professionals
- ✓ Individuals with a desire to study energy to help themselves and/or others

#### This Class

- Acknowledges previous learning
- Further develops concepts and skills in energy based therapy
- Requires a strong commitment to personal growth.

#### You will be Learning

- Energy system concepts related to health
- Basics and assessment of the energy system – energy field and energy centers and functions
- Meditation for centering and maintaining energetic flow
- Principles and practice of Healing Touch for personal and professional use
- Multiple specific energy healing techniques
- Principles of self-healing
- Personal development as a healer
- Legal and professional aspects of touch therapies, Ethical Conduct and Standards of practice, and integrity in Healing Touch

### HTI Healing Touch Certificate Program

✓ An in-depth solid core curriculum of 5 class levels from beginner to advanced healer including Evolution of the Healer, Holistic and Energetic Foundations, Evidence Based & Best Practice modules.

✓ Enhances skills & knowledge through lecture, recommended readings and practice sessions.

✓ Upon satisfactory completion of all 5 levels an HTI Healing Touch Certificate Program Certificate of Completion.

✓ Leads to eligibility to apply for Certified Healing Touch Practitioner through Healing Touch International, Inc.

✓ Instructor Training and advancement available leading to certification. Prerequisites apply.

#### Workshop Information – Level 1

Registration Sat. 8:45 am – 9:00 am  
Sat. Apr 14, 2012 9:00 am – 6:00 pm  
Sun. Apr 15, 2012 9:00 am – 6:00 pm

#### Location:

The Humanistic Yoga Centre  
172 Brock St,  
Peterborough, ON

#### Coordinator:

Angela Mattos 705-652-0506  
RR#2, Warsaw, ON K0L 3A0

email: [HTCanada@healingtouchcanada.net](mailto:HTCanada@healingtouchcanada.net)

**For HT Recommended Reading List visit:**  
[www.healingtouchcanada.net](http://www.healingtouchcanada.net)