



## Healing Touch Canada, Inc.

RR#2 · Warsaw · ON · K0L 3A0 · 705-652-0506 · 705-652-7911 fax  
HTCanada@healingtouchcanada.net www.healingtouchcanada.net

### **Healing Touch International Healing Touch Certificate Program Level 4 (IIIA) & 5 (IIB) Courses**

Once you have attended Level 1-3 of the HT International Healing Touch Certificate Program and are ready to continue your development as a healer, consider completing the program by attending Level 4 & 5. These classes are usually held in retreat settings and participants are expected to stay on-site. It is important to register early by sending your deposit so that the necessary arrangements can be made. (HT Canada may deem it necessary to re-schedule a class if sufficient registrations have not been received at least 12 weeks prior.) A \$50 early registration discount is applicable for registrations received prior to the dates indicated in the schedules below.

### **Levels 4 (IIIA) & 5 (IIB) Overview**

Levels 4 & 5 are for students who have successfully completed Levels 1 (I), 2 (IIA), and 3 (IIB) and desire to become a Healing Touch Practitioner. These two courses provide the student an opportunity to learn how to develop and conduct a practice in Healing Touch. Each course provides AHNA continuing education contact hours of instruction / participation (Level 4 - 25.3 & Level 5 - 24 for a total of 49.3). They are designed to provide guidance for the student in the development of practice and skill through the mentor / apprenticeship approach. Students will participate in community projects and work activities. Each section is offered in a retreat setting to allow for greater focus on the intense learning and practice that occurs.

### **Level 4 (IIIA) Description**

This course prepares the student to become a Healing Touch Practitioner and establish a practice setting. Practice concerns are explored including establishing a private practice, incorporating Healing Touch into a current practice setting either working alone or with others. The following topics are addressed: business concepts, client/practitioner relationships, networking with other practitioners, identifying energy patterns in clients and scope of practice. Professional development as a healer is explored including addressing professional ethics, standards of practice and role as a healer.

### **Level 4 (IIIA) Objectives**

The participant will:

1. Describe the development of a Healing Touch Practitioner.
2. Demonstrate a 5-step sequence to include intake, three healing sessions and discharge planning.
3. Identify issues related to development of a Healing Touch practice.
4. Discuss the case study process based on the sequence demonstrated during the workshop.
5. Discuss the principles of apprenticeship/mentorship and professional practice.
6. Discuss the purpose of a professional profile notebook.

### **Level 4 (IIIA) Content**

- Developing a professional healing practice.
- Sequencing of five private client sessions, intake, three treatment sessions with mutual goals, evaluation and discharge planning with full documentation.
- Learning the case study process.
- Defining a Scope of Practice.
- Healer practice guidelines.
- Selecting a mentor.
- Forming a mentorship contract with goals.
- Role of mentorship/apprenticeship.
- Journaling as a tool for self-enhancement.
- Developing a reading program.
- Full Body Connection.
- Etheric Vitality Meditation.
- Initiation of a practicum (Documentation of 100 client sessions).

### Level 5 (IIIB) Description

Level 5 focuses on the completion of projects begun in Healing Touch Level 4 (IIIA). The following will be addressed: the mentorship experience, community and networking activities, establishment of practice, development of expertise in a Healing Touch practice, self development as a healer.

### Level 5 (IIIB) Objectives

The participant will:

1. Describe the professional development of a healing practice.
2. Present a professional profile notebook and resume.
3. Discuss practice issues in your role as a Healing Touch practitioner.
4. Present a comprehensive Healing Touch case study for peer review and critique.
5. Present documentation of client sessions.
6. Review the apprenticeship/mentorship process.
7. Report receiving other healing modalities through 10 documented experiences from other practitioners.
8. Discuss Healing Touch research and implications for practice.
9. Describe Certification as a Healing Touch Practitioner.

### Level 5 (IIIB) Course Content

- Issues forum including establishing a HT practice and financial concerns
- Development as a healer
- Healing Touch case study presentation
- Professional profile notebook presentation
- Documentation of 100 client sessions
- Documentation of 10 healing sessions received from other complementary healing practitioners
- Report of apprenticeship/mentorship process
- Presentation of resume
- Discussion of required reading
- Community & networking activities and study groups
- Group healing exchanges
- Healing Touch research
- Standards of Practice
- Code of Ethics
- Process and procedures in Certification as a Healing Touch Practitioner

### Upcoming HT Canada Sponsored Level 4 & 5 (IIIA & IIIB) classes (check the website or call the office for updates)

<u>Level 4</u>	<u>Location</u>	<u>Instructor</u>	<u>Early fee until</u>
Thurs Sept 30 - Sun Oct 3, 2010	Alma, NB	Alexandra Jonsson	July 22/10
Thurs Nov 18 - Sun Nov 21, 2010	Nanaimo, BC	Catherine Awai	Aug 26/10

### **Instructors:**

**Catherine Awai, B Ed, Dip Ed,CHTP/I** has an active private practice in energy based therapies in Duncan, BC. An educator for over 30 years, she has been actively involved in teaching for the Healing Pathway and for the Develop Your Intuitive Mind Program. Catherine teaches Healing Touch levels 1 to 4. She brings a passion for people and a commitment to making a difference to this work. Her classes offer students a loving, compassionate, grounded environment which has been described by students as very safe for personal growth and learning.

**Alexandra Jonsson, RN, BScN, CHTP/I** is a nurse in private practice offering counselling, stress management and Healing Touch therapies. A certified practitioner and instructor with Healing Touch International, Alexandra has been teaching energy concepts, stress management and meditation since 1978. Her hospital background includes psychiatric and emergency room nursing. Alexandra speaks and teaches nationally and internationally. A long standing volunteer with the Toronto People with AIDs Foundation and the AIDS committee of Toronto. Alexandra is the President of Healing Touch Canada. She acted as a primary force in bringing the Healing Touch programme to Canada.

<u>Level 5</u>	<u>Location</u>	<u>Instructor</u>	<u>Early fee until</u>
Thurs Oct 21 - Sun Oct 24, 2010	Toronto, ON	Alexandra Jonsson	Aug 26/10
Thurs Nov 18 - Sun Nov 21, 2010	Alma, NB	Alexandra Jonsson	Sept 23/10

**These are approved courses of study of the HTI Healing Touch Certificate Program™. The HTI Healing Touch Certificate Program™ is an endorsed program of the American Holistic Nurses Association.**



### **Healing Touch International, Inc.**

445 Union Blvd. Suite 105 Lakewood, CO 80228  
Ph: (303) 989-7982 Fax: (303) 980-8683

e-mail: Education@HealingTouchInternational.org  
website: www.HealingTouchInternational.org

**Tuition - including \$100 non-refundable deposit & GST** (Prices are subject to change without notice.)

Standard Fee:	\$425.00 early registration	\$475 after date shown in schedule
HTAC/CHNA/HTI members:	\$410.00 early registration	\$460 after date shown in schedule
Full-time Students or Repeaters:	\$215.00 early registration	\$265 after date shown in schedule

**Tuition - for courses in NS, NB, NL, ON or BC including \$100 non-refundable deposit & HST**

Standard Fee:	\$459.00 early registration	\$509 after date shown in schedule
HTAC/CHNA/HTI members:	\$443.00 early registration	\$493 after date shown in schedule
Full-time Students or Repeaters:	\$232.00 early registration	\$282 after date shown in schedule

**Meals & Lodging incl taxes:**

Usually the fees are between \$300 & \$540 depending on the location, and are payable in Canadian currency.

---

To register for Level 4 (IIIA) or 5 (IIIB) please complete the following and mail it with your \$100.00 non-refundable deposit (payable to Healing Touch Canada Inc.) to: **Healing Touch Canada, Inc. RR#2, Warsaw, ON K0L 3A0**

Class Level \_\_\_\_\_ Location \_\_\_\_\_ Dates \_\_\_\_\_

Name \_\_\_\_\_ female  or male   
(as you would like it to appear on your certificate of attendance)

Address \_\_\_\_\_

City \_\_\_\_\_ Prov \_\_\_\_\_ Postal Code \_\_\_\_\_

Home phone \_\_\_\_\_ Work \_\_\_\_\_

Email \_\_\_\_\_ I am a nurse: no  yes

L4 registrants: attach copy of HTI Level 3 certificate of attendance  Credentials: \_\_\_\_\_

L5 registrants: attach copy of HTI Level 4 certificate of attendance  I will bring a massage table for the treatment exchanges

I am a full-time student with student ID no  yes  no  yes

Repeater no  yes  - date of previous Level 4 or 5 \_\_\_\_\_

I authorize my name, address, telephone number and email as shown above to be included on the class participant list and to be shared only with class participants, Healing Touch International and the Healing Touch Association of Canada for networking purposes.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_